



- POSITANO & AMALFI COAST • CAPRI • CHIANTI • LUCCA • CINQUE TERRE •
- VALLE D' AOSTA • GRAN PARADISO •

Daily Itinerary

16 Days / 15 Nights

**3 nights in Positano, 3 nights in Rome,
3 nights in Chianti, 3 nights in Manarola
(Cinque Terre), 3 nights in Cogne (Valle
d Aosta)**

Prepared for you by

Daniela Mencarelli

Daniela is co-founder and owner of FUORITINERARIO - DISCOVER YOUR ITALY. Graduated from the top ranking Italian Business School with a major in Strategy & Marketing. An avid traveler, Daniela has explored several continents and countries across the globe. Through the difficulties of planning and organize her own travels, she has gradually realized the paramount importance of local travel specialists for the success of her trips. That, combined with her the desire to run her own business and the love for her beautiful Country, convinced Daniela to launch her company in the travel industry. Daniela was born and raised in Perugia - Central Italy. She is mother of two, wife of one and always involves them in her continuous explorations of the Country.





Day 1

ARRIVAL IN ITALY: NAPLES TO POSITANO

- Arrival in Italy: Naples.
- You will find a private driver waiting for you at the airport. Private transfer from the airport to your hotel in Positano.
- Check-in at your hotel.
- Rest of the day at your own leisure: you will need settlement and some rest to recover from int'l flight and jet-lag. Start exploring the town at your own leisure.
- Start exploring the village at your own leisure. Enjoy the magic atmosphere of Positano, with its pink and fuchsia houses, flowering bougainvillea and picturesque square. Stroll amongst the lively streets, visiting artisan workshops, amongst the colours and scents of this incredible land.
- For your dinners I will be happy to give you suggestion for nice restaurants in/around Positano.

Accommodation in Positano

Services included:

- Private transfer from the airport in Naples your hotel in Positano by van with local English speaking driver.
- Accommodation in a centrally located hotel with beautiful sea view.





Day 2

CAPRI: THE PEARL OF THE MEDITERRANEUM

- We will arrange for today a full day private excursion to Capri (own transfer to the harbour; very short distance from your hotel). The island in the gulf of Naples much loved by intellectuals, artists and writers, all captured by its magical beauty. You will enjoy a private full day excursion with private boat with captain. After a nice 30 minutes cruise, you will reach the beautiful Capri Island: it is time for a tour of the island by water. You will visit several of the grottoes and stunning rock formations that dot the coastline, including the famed "Blue Grotto", the former pleasure pool of the Roman Emperor Tiberius. (be aware that entrance in the Grotta Azzurra is not always possible because of weather conditions, and limited access is regulated by local authorities; extra charge applies).
- You will have time for a swim in one of the island's many inlets before reaching the island's port at marina Grande, where you will be dropped off for a few hours of exploration at your own leisure. Your captain will provide you with maps of the island, as well as information about the "must-see" stops to visit (the famous via Krupp, the Fortini (little forts) trails. You can then have a nice ice cream or coffee at the famous Piazzetta and time off for shopping and relax before heading back by boat to Positano.
- You will be back in the afternoon to enjoy a lovely evening.

Accommodation in Positano

Services included:

- Full day private excursion to the Island of Capri by private boat with English speaking captain; soft drinks onboard included (about 8 hrs).
- Accommodation in a centrally located hotel with beautiful sea view.





Day 3

Accommodation in Positano

THE PATH OF THE GODS

Services included:

- We suggest for today a unique Hiking Excursion on the Amalfi Coast: with a local experienced hiking guide along the Path of Gods.
- This beautiful walk will start in a little village between Positano and Amalfi (you should take a taxi to get there), where you will meet your local guide. The first stop after around 40 minutes walking is the San Domenico Monastery (situated in a charming position at around 400m asl), where you can visit 16th Century Dominican Cloister. This is also a great place to check out the typical flora and crops of this area. After this pleasant break, you will walk a further 30 to 45 min, to the "Path of the Gods": walk through very unique wild Mediterranean bush, coastal forests and caves suspended between the sky and the deep blue sea. After about 2 hours you will arrive in Nocelle, a small village of just 300 inhabitants which time has left untouched because of the lack of car access up to a few years ago. Here you can enjoy a light lunch in a lovely local restaurant. If you are willing to walk about 60 minutes more you will reach Positano or alternatively a local bus will take you back. *Total Duration of the trip: 3 to 4 hours. Degree of difficulty: Medium (the most difficult part is the initial climb, once you have reached the main Path the terrain is either flat or in descent and the view breathtaking). Important: please bring good hiking shoes, a hat and sufficient drinking water. Physical fitness and sure footedness is required.*
- Rest of the day at your leisure. To relax and enjoy Positano.
- For tonight we will organize delicious dinner in a authentic restaurant in Positano, located in upper part of the village where you will taste great local food from the owners farm while enjoying the most gorgeous view of Positano.
- Half day walking tour "Hiking on the Path of Gods", with local English Speaking guide.
- Typical Dinner (full typical meal, water and wine included) in an authentic local restaurant
- Accommodation in a centrally located hotel with beautiful sea view.





Day 4

Services included:

POSITANO TO ROME: STOP AT THE FEET OF VESUVIO & VISIT POMPEII & WINE ESTATE

- Check out from your hotel in Positano.
- Private transfer from the hotel to the train station in Naples.
- Along the way the driver will take you in Pompeii where we will arrange for you a private guided visit of the Archaeological site. The city of Pompeii, before the eruption of Mount Vesuvius in 79 A.D., was an important commercial centre. The fury of Mount Vesuvius buried the entire city under a layer of burning ashes: thus, today, almost 2000 years later, we can rediscover the undisturbed city and life in those times. Departing from the Piazza del Foro, formerly the thriving centre of the life of Pompeii, our expert guide will take you through the ancient Temples, the Thermal baths, the Market and the majestic Theatre to the very beautiful houses of the Roman aristocrats, where you will be able to admire some of the most beautiful existing Roman frescos. (Entrance tickets included).
- After the guided tour you will visit a beautiful wine estate located beautifully located at the Vesuvio footsteps. You will visit the estate and afterwards you will enjoy tasting of wines and typical local delicacies (cheeses; cured meat; biscotti; etc.).
- After lunch our driver will take you to Naples train station.
- High speed train Naples - Rome : 1st class tickets with seats reservation.
- At your arrival in Rome, you will find a private driver waiting for you at the train station and transfer to your hotel.
- Check-in at your lovely hotel and free evening.

- Private transfer from the hotel to the train station in Naples with stop to visit the winery and Pompeii, by van with English speaking driver.
- Private guided tour (about 2 hrs) with English speaking local guide to the archaeological site of Pompeii (entrance tickets included).
- Vesuvio Wine Estate visit (with wines tastings and lunch).
- High speed train Naples - Rome: 1st class tickets with seats reservation.
- Private transfer by van with English speaking driver from Rome train station to your hotel-
- Accommodation in a boutique hotel centrally located.





Day 5

ROME LOCAL LIFE: TRASTEVERE & DINNER AT ROMAN HOUSE

- For this morning we will arrange a walking tour with professional English speaking guide (about 3 Hours). A private guide will pick you up at the hotel and drive through the Roman district where locals love to walk!
- Trastevere is the young radical chic quarter, but it's also visited by many tourists and this has put at risk the genuine atmosphere of the place. However, if one keeps away from the most well known and beaten tracks, it is still possible to feel the true atmosphere of this district one can still find authentic artisan shops, the traditional cobblestones known as *Sanpietrini* - and the local markets, while the buildings that overlook the streets still date back to the Medieval period.
- Afternoon free to enjoy Roamn life at your own leisure and for tonight we will organize for you a memorable Italian dinner! Like you, we love to travel. But we believe that travelling isn't just about sightseeing - we believe in local experiences! There is a side of the city that has to be discovered through the interaction with locals and engaging with cultures across the world. And what better way than to **eat with locals at their homes**? For that reason our local chefs will welcome you to their home restaurants. You will enjoy for a few hours authentic local food, amazing company and unforgettable memories.

Accommodation in Rome

Services included:

- Private Trastevere Walking Guided Tour (about 3 hours), with local English speaking guide.
- Typical Italian Dinner at a local chef's home - full meal, water and local wine included.
- Accommodation in a boutique hotel centrally located.





Day 6

Services included:

ROME: THE MARVELS OF THE VATICAN

- A private driver will take you to the Vatican where you will meet your professional private guide, for a great **private Tour of the Vatican Museums, St Peter's Basilica and the Sistine Chapel**, with authorized Vatican Guide (English Speaking). The visit will include the Pio Clementino Museum, the Gallery of the Candelabras, the Gallery of the Geographical Maps, and the Gallery of the Tapestries (Renaissance art), the Raphael Rooms, the Sistine Chapel. You will then visit St. Peter's Basilica, the world's most famous church.
- After the interesting visit at Vatican Museums, you will enter the St. Peter's Basilica (skip the line access). The church was designed by Michelangelo, although he died before its final completion. Bernini designed the huge square in the 17th century. Upon entering the Basilica, you will admire the **Bernini's Baldacchino**. Made in the 17th century, this huge bronze sculpture stands above the high altar and St. Peter's tomb. Last (but not least) stop at **Michelangelo's Pieta**. His only signed work, Michelangelo sculpted this beautiful marble statue when he was only 25 years old.
- The visit will take about 3 hours. Entrance tickets and preferential (no entry lines) access are included.
- Rest of the day at your leisure.

- Private transfer from your Hotel to the Vatican by van with English- speaking driver (return transfer not included in order to leave you free to continue the exploration of the Vatican on your own).
- Private Guided Tour of Vatican Museums and St Peter's Basilica (about 3 hours), with local professional English speaking guide; entrance tickets for the Vatican included (preferential access).
- Accommodation in a boutique hotel centrally located.

Accommodation in Rome





Day 7

ROME TO CHIANTI: LANDSCAPES AND WINES

- Check-out from your hotel Rome.
- Pick-up by your private driver and transfer to the train station.
- High speed train Rome - Florence : 1st class tickets with seats reservation.
- Arrival in Florence train station; pick-up by a private driver and transfer to your Castle in Chianti.
- Along the way we suggest to familiarize with **CHIANTI CLASSICO**, which constitutes undoubtedly the heart of Tuscan wines and taste the great Chianti Classico DOCG.
- We will organize a private tour in the cellar of a beautiful family run wine estate, where you will learn about the Chianti philosophy and wine making process. Guided tasting of 4/5 different red wines and Vin Santo (sweet wine) served during a delicious lunch in a beautiful estate villa.
- In the afternoon you will continue the exploration of Chianti villages: Not to be missed the small medieval village of **Monteriggioni**, the ideal gateway for exploring the Chianti region. Completely enclosed by walls it gives you a true idea of how life must have been in the Middle Ages. Leaving **Monteriggioni** you can admire **Castellina in Chianti** where you will learn about the fascinating culture of the Etruscans, the first settlers living in this area more than 2000 years ago. You can continue your visit climbing up to the top of **Castellina's** Castle from where you can enjoy the amazing landscape.
- Arrival in your hotel in the afternoon and check-in.

Services included:

- Private transfer from the hotel to the train station in Rome, by van with English speaking driver.
- High speed train Rome - Florence : 1st class tickets with seats reservation.
- Private transfer from Florence train station to your hotel in Chianti with a stop over to visit a winery and Chianti villages; by van with English speaking driver.
- Family run Chianti winery guided visit, wine tasting and lunch included
- Accommodation in a beautiful Tuscan Castle.





Day 8

CHIANTI: HIKING THROUGH THE VINEYARDS

- For today we will organize a special and real fun full day excursion to enjoy the typical Tuscan Countryside and Wine area of Chianti.
- Full day walking excursion with a professional excursionist guide. The excursion can be designed according to your hiking level and include some stops to visit churches, castles and medieval villages.
- The territory of Chianti is made up of a broad hilly area situated in the centre of Tuscany, between Florence and Siena. It is famous in the world over for its excellent wine, the Chianti landscape is characterised by a continuous alternation of valleys and gentle hills cloaked in vines and olives, but also of harsh peaks covered in woods of oaks, cypresses and pines.
- The entire area is scattered with ancient hamlets, churches and abbeys, turreted castles and fortresses, farmhouses and villas. It is an architectural landscape made up of simple and warm materials such as limestone, *pietra serena* and terracotta. Inhabited since ancient times by the Etruscans, who it appears were the first to grow the vines and many archaeological traces of whom survive, the area also underwent a significant domination by the Romans. In the mediaeval period it was at length the scene of violent clashes between the republics of Florence and Siena, which only ceased in the mid sixteenth century with the defeat of the Senese Republic.
- Typical pic-nic lunch included. *Important: please bring good hiking shoes, a hat and sufficient drinking water. Physical fitness and sure footedness is required.*

Accommodation in Gaiole in Chianti

Services included:

- Full day private hiking excursion (fully escorted by English speaking expert guide), about 6-7 hours total; pic-nic lunch included.
- Accommodation in a beautiful Tuscan Castle.





Day 9

ICONIC VAL D'ORCIA

- For today we will organize a full day excursion to to admire the most beautiful Tuscan landscape, the VAL D'ORCIA (recognized Unesco Heritage site for the beauty and uniqueness of the landscape).
- The **Val d'Orcia** extends from the hills south of Siena to Monte Amiata. It is characterized by gentle, carefully cultivated hills occasionally broken by gullies and by picturesque towns and villages such as **Pienza, Radicofani, Montepulciano** and **Montalcino** (the Brunello di Montalcino is counted among the most prestigious of Italian wines). It is a landscape which has become familiar through its depiction in works of art from the Renaissance painting to the modern photograph.
- **Val d'Orcia** is the expression of marvellous natural characteristics, but is also the result and testimony of the people who live there. Along the streets, you will admire the succession of surprising landscapes: from rugged and irregular of the *crete senesi* to softer landscapes with hills, where vineyards, olive groves and cereal plantations continue and intertwine, giving origin to areas of rare beauty.
- In the morning you will visit a unique winery in Montalcino. The winemakers are all female, a revolutionary work situation for Italy. In the vineyards around Estate there is a trail path with resting spots embellished with works of art. Here you will enjoy 4 tastings that take place in the cellar entrance, in the production area, in the barrel ageing area, and in the tasting hall. The experience is captivating and the guide's stories are fascinating. With the first and last wine local cold cuts and diced cheeses are served.

- For lunch we will organize a visit in a beautiful cheese farm near Montepulciano.
- The cheese farm offers you a chance to taste their cheeses open to other local products , all accompanied by wines of Montepulciano and craft beer . In front of the dairy it was set up an area for a **real picnic** . Get the basket , choose the products you want to taste and sit down at a table in front of the picturesque scenery of Montepulciano , overlooking the Temple of San Biagio.
- In the afternoon explore on your own the tiny village of Montepulciano before heading back to your Tuscan retreat.

Accommodation in Gaiole in Chianti

Services included:

- Full Day Excursion (8 to 10 hours) to Val d' Orcia with private van and English speaking driver
- Brunello di Montalcino winery guided visit and 4 wines tasting.
- Cheese farm visit and local delicacies tasting included
- Accommodation in a beautiful Tuscan Castle.





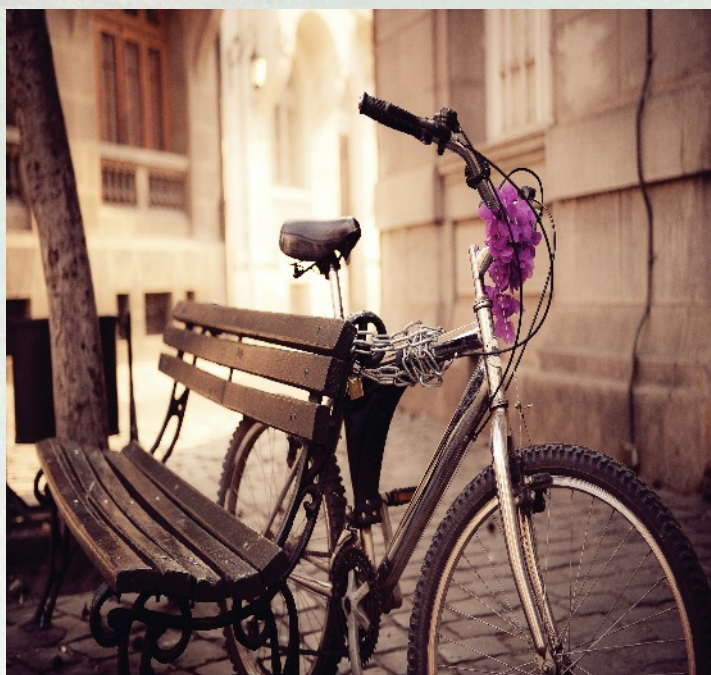
Day 10

TUSCANY TO CINQUE TERRE: BIKE TOUR IN LUCCA ANCIENT WALLS

- Check-out from your Castle in Chianti.
- Pick-up by a private driver and transfer to Cinque Terre.
- Along the way our driver will stop in Lucca where we will arrange for you a **guided bike tour with a local guide**.
- Since the Middle Age, Lucca has made a virtue of the necessity to stay in the political shadow of his three mighty competitors Pisa, Florence and Siena. Instead of striving for unlikely military success, the small town has always looked at economic success. Even today, it boasts a general well being hardly matched by any other Tuscan town.
- The guided bike tour in Lucca starts with an easy ride on top of its impressive city wall, overshadowed by old trees. From this vantage position you will enjoy beautiful views of the medieval center and its surrounding landscape. Then you will head for the town's most famous church, the San Martino cathedral (inside visit) and the adjacent Piazza Napoleone. Passing Piazza San Michele - the antique town center of Lucca - you will reach The Guinigi Tower and Piazza dell'Anfiteatro. The guided bike tour in Lucca finishes at Piazza S. Frediano with its thirteenth-century mosaic. *The tour is easy paced and the town of Lucca is flat and very pleasant to be toured by bike at relaxed pace.*
- In the afternoon you will arrive in Manarola; check-in at your beautiful boutique hotel.

Services included:

- Private transfer from Chianti to Cinque Terre with a stop to visit Lucca; by van with English speaking driver.
- Private bike tour of Lucca with English speaking local guide (bike rental included).
- Accommodation in a beautiful boutique hotel centrally located.





Day 11

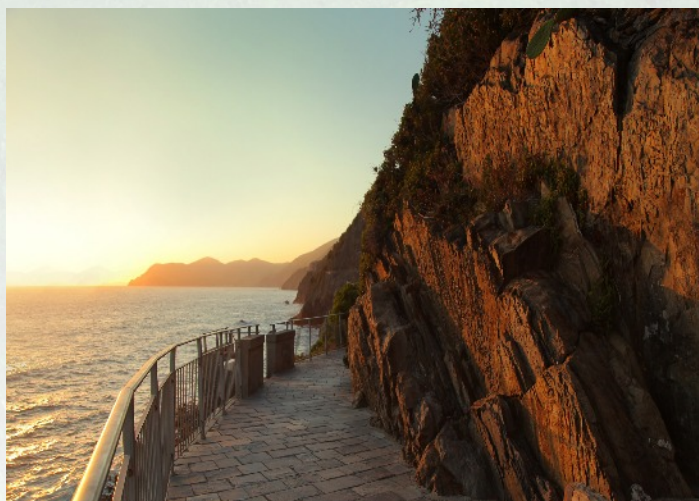
HIKING ON THE CINQUE TERRE

- For today, we suggest a **full day Hiking Excursion to discover the Five Lands**: 5 miles of rocky coast, covered in vineyards; 5 villages clinging on the cliffs.
- You will meet your local guide for a memorable excursion through the incredible landscape of the Cinque Terre. You will first visit **Monterosso al Mare** (about 3 hrs walking), the picturesque marina with its tall, narrow, colourful houses. From Monterosso you can decide both to continue your hiking or take the train and explore the other villages by train. Your next stop is **Corniglia**, the only village not directly on the sea, where you can enjoy a truly delicious lunch in a typical "slow food" osteria and then **Vernazza**, the most picturesque of the villages, with small houses, alleyways and lodges. From **Manarola** walk through the breathtaking Trail of Love, (please note: the trail has been closed due to maintenance last year and hopefully will be re-open on spring 2014 - to be confirmed) until **Riomaggiore**. *Important: please bring good hiking shoes, a hat and sufficient drinking water. Physical fitness and sure footedness is required.*
- After this great day, enjoy a relaxed evening and a delicious dinner in a typical local restaurant.

Accommodation in Manarola

Services included:

- Full Day hiking excursion on the Cinque Terre paths, with private professional local Guide (English speaking); Full Day Cinque Terre pass (access to the Natural park and unlimited train access)
- Accommodation in a beautiful boutique hotel centrally located.





Day 12

MANAROLA: RELAXATION & PESTO COURSE

- Day at your leisure in **Manarola**. Manarola is a delicate colors picture, reign of the olive trees, with a characteristic village where the houses look like the natural prosecution of the narrow and long cliff.
- From Manarola there are **nice walking paths** where you can enjoy a nice walk (about 2hrs) into an amazing landscape with breath-taking sea view.
- We will be happy to **organize a pesto course in Manarola** with a professional local chef!
- The **pesto course** will take life here, starting from the basil harvest in their own vegetable garden and by picking the ingredients.
- The local chef will show you how to make the traditional pesto sauce, with the use of the mortar, explaining its ingredients and history. You will enjoy making pesto surrounded by wonderful places, colours and perfumes. At the end you will taste your own job on a bruschetta (toasted bread) together with a glass of Cinque Terre wine.

Accommodation in Manarola

Services included:

- Accommodation in a beautiful boutique hotel centrally located.
- Pesto Course with tastings included





Day 13

CINQUE TERRE to VALLE D'AOSTA: THE CASTLES

- Check-out from your hotel in Manarola.
- Pick-up at the hotel by a private driver and transfer from to Valle d'Aosta (about 4 hrs drive from Cinque Terre)
- Along the way our driver will take you to visit one or two of the gorgeous **Aosta Valley Castles**. The valley is peppered with Gothic castles. Each castle is within view of the next, and messages used to be transferred by flag signals. Some of the most renowned castles are:
 - ❑ **Castello di Fénis** - recently restored and featuring rich frescoes.
 - ❑ **Castello di Verrès** - this castle does sentinel duty high on its rockperch.
 - ❑ **Castello d'Issogne** - more like a stately home than a real castle.
- Check-in at your hotel in Cogne - Parco Nazionale del Gran Paradiso.
- Cogne Valley offers endless opportunities for walks and excursions to suit every taste and degree of difficulty. In addition to Alpine itineraries (classic routes over rock and ice to reach peaks at 3000-4000 metres) there are pleasant walks in the three valleys that are well signed and also indicated on maps that we will be happy to give you on arrival.



Accommodation in Cogne

Services included:

- Private transfer from Manarola to Valle d' Aosta with stops at one/two Castles by van with English speaking driver-guide.
- Accommodation in a traditional mountain hotel.



Day 14

HIKING IN THE PARCO NAZIONALE DEL GRAN PARADISO

- For today we will organize a full day hiking excursion with a local expert guide to explore part of the National Park and take pictures of the wild animals living in the National Park.
- In the **Grand Paradiso National Park**, universally famous for its rare and extraordinary fauna and flora, every foot step, whether big or small, will find a path leading to old mule tracks, pasture homes, mountains lakes, in a vast area where gentle walks as the bottom of the valley can alternate with trekking on higher slopes.
- Evening at your leisure; we highly recommend to enjoy a delicious dinner in one of the typical mountain restaurants of your hotel.

Accommodation in Cogne

Services included:

- Full day (about 7/8 hrs total) hiking tour at the National Park with local expert English speaking guide.
- Accommodation in a traditional mountain hotel.





Day 15

AOSTA VALLEY : LILLAZ WATERFALLS

- Today, we will organize another memorable full day hiking excursion together with your local expert guide to explore the Aosta Valley.
- We suggest to visit the Lillaz waterfalls that are only an easy 10-minute walk from the hamlet of Lillaz (part of Cogne municipality) and are by far the most attractive ones in Valle d'Aosta.
- These waterfalls, which ice over in winter but are very powerful in summer, are fed by the abundant waters of the Urtier torrent and cover a drop of 150 metres in three long rocky falls.
- There are also splendid views over the Vallele valley, dominated by its own and the Sengie glaciers.
- *Please note: as this is a private excursion, the program can be adjusted to your requirements and preferences (our guide will be very flexible to accommodate your needs and preferences)*

Accommodation in Cogne

Services included:

- Full day (about 7/8 hrs total) hiking tour with local expert English speaking guide.
- Accommodation in a traditional mountain hotel.





Day 16

DEPARTURE FROM MILAN: END OF THE TOUR

- Check-out from your hotel in Cogne.
- Private transfer from your Hotel to the airport in Milan (about 2 hrs and half drive from Cogne) by van with English speaking driver.
- Departure with your flight.

*Arrivederci from Discover Your Italy team :
Daniela, Mariangela, Emanuela, Gabriella & Matteo*

Services included:

- Private transfer from the Hotel to the Airport in Milan by van with English speaking driver.

END OF TOUR

